



COMMUNITY CALENDAR

Feb. 21

PVPHA general meeting
Empty Saddle Club

Feb. 22

Wylene Wilson lead changes clinic
Contact: Kelly Yates
Ernie Howlett Park

Feb. 23-24

Wylene Wilson confidence clinic
Contact: Kelly Yates
Ernie Howlett Park

Events listed here are not necessarily sponsored or endorsed by the Palos Verdes Peninsula Horsemen's Association. If you would like an event included, send the information to pvpha2010@gmail.com.



WYLENE WILSON-DAVIS / FACEBOOK

Wylene Wilson comes to town: Page 4.

INSIDE

News briefs	2
President's message	2
PVPLC needs volunteers	3
Cowboy Poetry & Music Festival	6
'Google it'	8
Dressage for Beginners (Poem)	9
Classified	9

Cowboy Poetry & Music Festival wows attendees

by **NICOLE MOORADIAN**
PALOS VERDES PATCH

Poets and musicians celebrated the Old West and entertained dozens at the 16th annual Cowboy Poetry and Music Festival at the Empty Saddle Club in Rolling Hills Estates on Jan. 19.

Organized by Pam Turner and sponsored by the Palos Verdes Peninsula Horsemen's Association, this year's festival was dedicated to the memory of her father, Paul Pitti, who was the leader of the New Westernaires band and one of the last Culver City cowboys.

Attendees enjoyed a chili and corn bread dinner before the performances, which included music from the California Cowboys, Kathy Stowe and the Crosstown Cowboys, among



NICOLE MOORADIAN

Pam Turner introduces the first act at the 16th annual Cowboy Poetry and Music Festival.

others, and poetry from Palos Verdes Peninsula Horsemen's Association president Charlene O'Neil, Wanda Smith, Steve Deming, Bruce Harnishfeger and Janis Lukstein.

According to O'Neil, the event
See "Festival," Page 6.

NEXT GENERAL MEETING: FEB. 21, 2013

Movie night planned for Feb. meeting

by **NICOLE MOORADIAN**
DISPATCH EDITOR

Join the PVPHA for movie night screening of *Wild Horse, Wild Ride* at the Empty Saddle Club at 7 p.m. on Feb. 21. *Wild Horse, Wild Ride* stars Extreme Mustang Makeover winner Wylene Wilson, who will be giving a clinic at Ernie Howlett Park during the following weekend.

As a reminder, the Empty Saddle Club requests that meeting attendees leave their dogs at home. U

NEWS BRIEFS

Wylene Wilson to hold clinic

Extreme Mustang Makeover competitor Wylene Wilson will hold a clinic at Ernie Howlett Park in February.

The two-day clinic is scheduled for Feb. 23-24, from 9 a.m. until dark with a lunch break at around noon.

The cost is \$250 to participate both days; \$140 to participate one day; and \$25 per day to audit. Stalls cost \$20 per day.

According to her website, Wilson aims to make riders more confident with their horses.

For more information or to reserve a space, contact Kelly Yates at 310-704-7226 or jerseyj2@cox.net.

Rolling Hills ballot measure would allow residential use of stables

On March 5, Rolling Hills residents will cast their votes for two city council candidates and two ballot measures. The first, known as Measure A, would allow people to use barns constructed on residential properties before July 10, 2010 for residential purposes.

If converted for residential use, the stables must maintain barn-like exteriors. Additionally, the stables must be able to revert back to horsekeeping purposes if necessary.

PCTA launches new website

The Pacific Crest Trail Association recently launched

PCTA.org, a place where people can find photos and up-to-date information about the trail, including trail conditions, and the work of the PCTA. The website also features an interactive map, a blog and a form for people to volunteer for a trail maintenance project.

“This new website was built entirely by PCTA staff and volunteers, but it would not have been possible without your generous support,” the organization wrote in an email to members.

The Pacific Crest Trail stretches up California.

Do you have something important or special to announce? Submit a news brief to the Dispatch! News briefs are generally about 100 words. Submissions may be edited for spelling, grammar, space and style. To submit a news brief, email pupha2010@gmail.com. U

PRESIDENT'S MESSAGE

PVPHA Welcomes Junior Drill Team

by CHARLENE O'NEIL
PVPHA PRESIDENT

Many thanks to all the Palos Verdes Peninsula Horsemen's Association members that made our Cowboy Poetry and Music Festival a rousing success! Pam Turner, you organized another fun evening of music and poetry. And, thank you to the Empty Saddle Club for your great clubhouse replete with an inviting fire on a chilly evening!

Oh boy, our February events are so exciting. On Thursday, Feb. 21, we will show the now-famous movie *Wild Horse, Wild Ride*. Wylene Wilson, the star of the movie and winner of the Extreme Mustang Makeover will be on the Peninsula on Feb. 22-24. On Feb. 22, she will give private lessons, and on Feb. 23-24, she will be doing a clinic at Ernie Howlett Park. This event is sponsored by the PVPHA. If you are interested in participating, please call Kelly Yates at 310-704-7226.

Another good note: The PVPHA is now the proud sponsor of the Junior Drill Team. The young riders are becoming so skilled, I would not be surprised if they were riding in the Rose Parade soon!

See you at the meeting in February! U



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PVPLC seeks trail patrol volunteers for Palos Verdes Nature Preserve

by **KEN SWENSON**
SPECIAL TO THE DISPATCH

The Palos Verdes Peninsula Land Conservancy and the city of Rancho Palos Verdes are recruiting volunteers to serve as part of a new Volunteer Trail Patrol to help protect the Palos Verdes Nature Preserve from damage and vandalism and keep it a safe experience for all visitors.

The preserve is the culmination of efforts started in 1987 when Dr. Bill Ailor and others formed the PVPLC to acquire, protect and preserve natural open space lands on the Peninsula. With the partnership of Rancho Palos Verdes and support from federal, state and local agencies, the Coastal Conservancy and millions of dollars of financial support and countless volunteer hours from community members, approximately 1,400 acres of land was set aside as a home for the native flora and fauna that had largely disappeared from the balance of the Peninsula.

The preserve sits in a heavily suburban setting, and more people visit it today than ever before as a place to enjoy the scenic beauty and as a popular destination for outdoor recreation. Nevertheless, it is subject to a variety of federal, state and municipal laws that control its use in order to protect the conservation values that are the underpinning of its creation.

The natural wonder and the fragile ecology of the native environment that the Preserve exists to nurture are not immune to the pressures of use. While visitors are required to stay on approved trails, leave the plant and animal life alone and follow other rules, many do not. Worse, efforts to replant and to encourage compliance by using signs and barriers are routinely met with vandalism.

Rangers from the Mountains Recreation and Conservation Authority patrol the Preserve on a limited basis, but they are unable to make substantial inroads due to the number and mobility of violators and the limited patrol time available. The result is increasingly obvious off-trail and unauthorized trail use that unlawfully damages habitat, natural geology and terrain; prevents natural revegetation that would otherwise fill in old trails that are not in the approved trails plan; costs time and money to repair, replace, and replant; and ruins the scenic beauty and the outdoor experience for other visitors.

In order to assist the MRCA rangers, the city and PV-



CONTRIBUTED

Networks of unauthorized trails create illegal and unsightly scars in the Palos Verdes Nature Preserve.

PLC are working to establish a Volunteer Trail Patrol Program. The Program is not finalized; however, it is expected that Volunteer Trail Patrol members will assist the MRCA rangers by regularly patrolling the Preserve on foot, and potentially by horse or by bicycle, to observe and report violations. The information collected will allow the MRCA rangers to respond to violations and to focus enforcement efforts. Volunteer Trail Patrol members will also have opportunities to assist in educating visitors to the Preserve as another means to help with rules compliance. The current plan is for volunteers to receive training to enable them to function more safely and effectively, to be subject to rules and a code of conduct, and to be regularly evaluated. Volunteer Trail Patrol members will not be able to issue citations or make arrests.

PVPLC and the city are asking for a minimum hourly commitment per month in order to assure the program's maximum effectiveness. For more information or to volunteer for this effort that will protect the conservation values of this unique South Bay treasure for generations to come, please contact Barb Ailor at info@PVPLC.org. The Volunteer Trail Patrol can make a difference, but only with the dedicated support of community volunteers.

Ken Swenson is a member of the Board of Directors of PVPLC and its immediate past president. He currently chairs the conservancy's Stewardship Committee. U

WILD WEST HORSEMANSHIP: Wylene Wilson to teach confidence clinic

Clinic scheduled for Feb. 23-24 at Ernie Howlett Park.



WYLENE WILSON-DAVIS / FACEBOOK

Wylene Wilson stands atop a horse during one of her clinics, which are designed to teach confidence for both horse and rider.

 An advertisement for a veterinary practice. The background is a dark, artistic image of a horse's head. The text is white and reads:

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by STUART SHAW
SPECIAL TO THE DISPATCH

Wylene Wilson, a two-time winner of Extreme Mustang Makeover competitions, will teach a horsemanship clinic dedicated to building confidence at Ernie Howlett Park this month.

Wilson began riding at age 6, learning Monte Foreman's balance riding techniques from her mother, who worked with Foreman for nearly 20 years. By age 17, Wilson had trained her first horse and embarked on her lifetime career.

Throughout her childhood and high school years, Wilson participated in local, state and national horsemanship competitions.

In September 2009, Wilson won the Extreme Mustang Makeover Championship in Fort Worth, Texas. Mustangs are wild horses that roam the protected lands in California, Nevada, Wyoming, Utah and several other western states under the Bureau of Land Management. Every year, thousands of mustangs are rounded up and put into holding facilities in hopes of being adopted out and given a chance at life with humans.

The Extreme Mustang Makeover challenge, created by the Mustang Heritage Foundation, is designed to raise awareness of adoptions of American mustangs. In these competitions, a trainer has 100 days to gentle and train a wild mustang and get them show-ready to compete against other horse and trainer teams. Wilson was the first woman to win a Makeover competition and is the only trainer to have won two competitions.

She rode her horse Rembrandt, who was the real star in the movie *Wild Horse Wild Ride*, in the 2009 competition. The pair demonstrated a dozen flying lead changes, textbook stops and quiet hands. Wilson's performance was based solely on correct horsemanship and a strong bond with her horse.

As a professional horse trainer, Wylene's riding style has established for her a reputation of confidence and courage. She is described as fearless and exciting, and her performances amaze audiences everywhere she competes. Wilson's trademark is "Wild West Horsemanship."

Wild West Horsemanship is about training both the horse and rider. Wilson teaches horses and their owners how to communicate with each other. She can quickly read and develop a feel for a horse, teach new skills and ultimately adjust the horse's attitude and behavior. The final result is a safe and happy horse and rider team.

Wilson's Confidence Horsemanship Clinic is designed for the non-professional rider. Specifically, Wilson teaches her students how to develop confidence and communication with their horse in order to ride safely. The clinic will be held at Ernie Howlett Park on Feb. 23-24. Marissa Rodgers will serve as co-trainer, and Rodgers' mustangs Tyson and Black Ice will also be there.

Black Ice is a 4-year-old American Mustang mare who was adopted on Jan. 26 for the Extreme Mustang Makeover in Norco this May. She is being trained by Rodgers, who has always had a passion for horses. Her mother said one of her first words was horse.

Rodgers grew up leasing show horses, but it wasn't until her sophomore year in college that her hobby turned into a lifestyle. She cashed out her savings account and bought her first horse—Mach, an American Mustang.

Working with Mach, Marissa developed a fondness for

the mustang horse, and from there, she grew her desire to learn more about horse training. After years of studying and self-taught techniques, she met Wilson, a rock star in the mustang world for her participation in the Extreme Mustang Makeover.

Wilson encouraged Rodgers to participate in the competition, and in February 2012, Marissa picked up her first wild mustang, Raven, for the Norco Extreme Mustang Makeover in May 2012. Her horse proved to be a willing partner, and after two days of competition, the pair landed in the Top 10 finals. They placed eighth overall out of 42 horses and trainers.

Marissa next "wild" project was Tyson, a 5-year-old mustang gelding who was born in the wild in Nevada. They competed in Fort Worth, Texas last September in the Super Bowl of the Mustang Makeover competitions.

In addition to working with Black Ice, Rodgers also trains other horses and gives riding lessons.

For more information on the Confidence Horsemanship Clinic on Feb. 23-34 or to reserve a space, contact Kelly Yates at 310-704-7226 or jerseyj2@cox.net. U

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FESTIVAL: Annual event a huge hit

Continued from Page 1. keeps the spirit of the Old West—and local equestrians—at the forefront of the community’s mind.

“To me, the image of the cowboy must stay alive if we are to enjoy our diminishing pastures and trails and maintain the aura of a horse friendly area,” O’Neil said. “Everything we do that gives us notice as a group helps to keep us alive, so to speak.” U

A version of this article originally appeared in Palos Verdes Patch.

See this page and the next for photos and poetry from the event. All photos by Nicole Mooradian.



COWBOY LOVE

by Charlene O'Neil

I fell in love with a cowboy
At the Elko Poetry Fest
With my New York Times badge
Attached to my chest

How could this happen
I'm a PhD
A journalist, a writer
I'm published, you see

He can barely spell
Spellcheck would be busy
Yet this handsome cowboy
Sends me crazy dizzy

His piercing green eyes
His proper manners
A Marlborough Man
For the Times back cover

He wooed me
He wowed me
This Marlborough Man
Of sorts

What did my PhD
Teach me
About Cowboys
And their hearts

He lived in a trailer
I at the Beach
He had no cell phone
Just quarters to reach

He drove an old pickup
With paint here and there
I a gray Lexus
Not a blemish to show

But he sent my heart thumping
This Arizona man
Whose simple life
Drew me closer to land

It wouldn't work – I just knew it
But he'd turned my heart 'round
This Arizona Cowboy
Who put spellcheck on the run

RECIPE: Corn soufflé

by **ERIN RYAN**
RECORDING SECRETARY

What better to pair chili with than corn bread? Festival attendees munched on this corn soufflé, made by Erin Ryan, as they enjoyed chili before the entertainment began.

Ingredients

- 1 can drained corn
- 1 can cream corn
- 1 box Jiffy cornbread mix
- 1 cup sour cream
- 3 beaten eggs
- 1 stick of butter
- 2 cups of shredded cheese, your choice
- ¼ cup mayonnaise

Directions

Preheat the oven to 350 degrees Fahrenheit.

Beat eggs. Mix drained corn, cream corn, cornbread mix, sour cream, beaten eggs, butter, mayonnaise and 1 cup shredded cheese.

Pour batter into a baking pan. If the batter seems thick, the corn soufflé will be more moist and is spooned out; if thin, the dish will have more of a corn bread texture.

Sprinkle 1 cup shredded cheese on top.

Bake for about 40 minutes.



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Google it: Equine First Aid Handbook

by **MELODY COLBERT**

PVPHA CORRESPONDING SECRETARY

We all know that a good way to get information these days is by searching the World Wide Web—also known as “Google-ing it.”

Of course, there is a lot of good information on the Web, and while it is never a substitute for your veterinarian when it involves your horse’s health, there is information that can help you become a better horse owner.

But when it comes to getting advice about your horse, it pays to be careful when trying to distinguish good information that comes from real experts from questionable information from people who may be well-intentioned but uninformed or uneducated.

One of the online resources I find to be very interesting and helpful in all aspects of horsekeeping and horsemanship is The Horse Show with Rick Lamb. Rick has a radio show you can listen to online where he interviews acknowledged experts in every riding discipline, health matters, horsemanship, horsekeeping, and everything else to do with horses. His shows are archived so you don’t have to listen “live” or worry about missing a show. Amazingly, membership is free and you can sign up at thehorshow.com/membership.aspx.

Recently, I clicked on an interview with Joan Norton, DVM that sounded interesting because she has written a handbook for equine emergencies. In the interviews, she discusses 10 common equine emergencies and what to do until the vet arrives. She accurately describes the panic that can overwhelm us when our horse has an emergency, so that even though we may know what to do, it can be hard to recall in a stressful situation.

I decided that her Equine First Aid Handbook—which is small enough to fit in a saddle bag, according to Rick—is something I had to have, and I immediately *Googled* it to find out where I could order it. You don’t have to go through that, because here is the link to get the book—it’s only \$10 and at that price, you can do what I did: buy two and give one as a gift! Here’s the link: nortonveterinary-consulting.com/istore/o_store.html

There are other valuable websites for horse owners that I plan to discuss in future articles. Stay tuned. **U**

Dressage for Beginners

My back hurts
My neck's stiff
My horse is having
Another tiff

My legs barely move
My shoulder's in pain
A body massage
And Novocaine

No piano hands
Whip across your thigh
This dressage stuff
Can make you cry

Heels down
Subtle moves
I'm riding on glass
On 20 meter grooves

Pick up the walk
Transition to trot
Is this NASA talking
For "take off" I thought

It's getting easier
My shoulder's healing
The horse has me trained
For smoother dealing

"A piece of cake,
This horse stuff," you say
You'll be eating your words
For forever and a day U

—Charlene O'Neil



CRAIG MACCUBBIN / FLICKR

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GO ONLINE: Buy/Sell/Lease a Horse; Buy/Sell Tack; Rent/Find a Stall. List your ad (including pics and unlimited words) FREE at palosverdeshorses.net.

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Email: _____

Referred by: _____

Please indicate how much you would like to donate; checks should be made payable to PVPHA:

Household membership \$ 35.00

Tax-deductible contribution to Trail Protection Fund \$ _____

Total: \$ _____

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Any additional printing costs must be paid by the advertiser.

DEADLINE for the receipt of ads is the 20th of the month.

NEED AN AD DESIGNED?

Dispatch editor Nicole Mooradian can help. Email her at nicole@nicolemooradian.com for rates.

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Dispatch edited by Nicole Mooradian.

Wylene Wilson

Wild West Horsemanship

Confidence Horsemanship Clinic February 23 & 24, 2013
Ernie Howlett Park, Rolling Hills Estates



Wylene Wilson, two time winner of **Extreme Mustang Makeover**, is about training both the horse and rider. Wylene teaches horses and their owners how to communicate with each other.

"Extreme Wylene" is known for her confidence building in both horse and rider and is an expert in making quick, lasting changes in your horse.....and you!

Come and join us for two days of riding, fun and learning.

Contact: **Kelly Yates**
(310) 704-7226
JerseyJ2@cox.net

To see more about Wylene visit her website
at: www.WyleneWilson.com



February 23 & 24, 2013

9:00 to dark with a lunch break

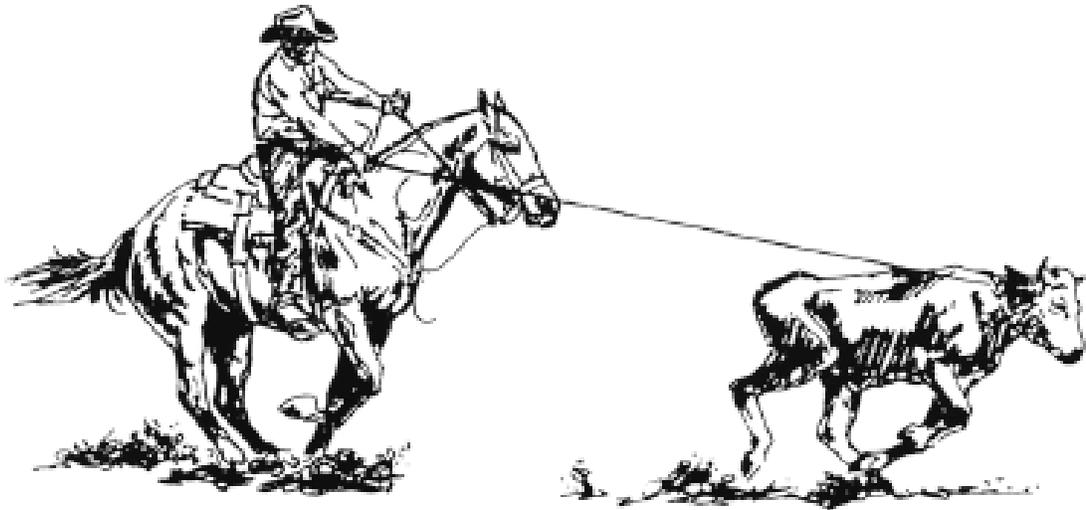
Cost is \$250.00 for the two days or \$140.00 for one day

Auditors \$25.00 per day

Special Friday session! Wylene will be giving private lessons Friday, Feb. 22. Have something you want personal help with? This is your chance! Call Kelly for details.

The PVPHA "Dispatch" is a publication of the Palos Verdes Peninsula Horsemen's Association, a charitable nonprofit organization classified by the IRS as a publicly supported tax-exempt organization. Please direct all editorial correspondence to:

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